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(بالغة الإنجليزية)



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MY DU 'Â BOOK



*Selected supplications (Du 'â')
for every child according to
the Qur 'ân and the Sunnah.*

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﴿قُلْ إِنَّ صَلَاتِي وَنُسُكِي وَمَحْيَايَ وَمَمَاتِي لِلَّهِ رَبِّ الْعَالَمِينَ﴾

*“Say: Verily, my prayer, my sacrifice,
my living, and my dying are for Allâh,
the Lord of the ‘Âlamîn (mankind,
jinn and all that exists).” (6: 162)*





When I start to do something, I say...

بِسْمِ اللَّهِ

“BISMILLÂH”

In the Name of Allâh.






When I see a Muslim, I say...

السَّلَامُ عَلَيْكُمْ

“As-salâmu
‘alaykum”

May Allâh's Peace be upon you.






When I plan anything for the future I say...

إِنْ شَاءَ اللَّهُ

“IN SHÂ’ ALLÂH”

If Allâh wills.






The greatest words for me to say are...

لَا إِلَهَ إِلَّا اللَّهُ مُحَمَّدٌ رَّسُولُ اللَّهِ

“Lâ ‘ilâha ‘illallâhu
Muhammadur-
Rasûlullâh”

*None has the right to be worshipped except Allâh
and Muhammad is the Messenger of Allâh.*





When the name of our Prophet Muhammad
is mentioned, I say...

صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ

"SALLALLÂHU
'ALAYHI WA
SALLAM"

May the Peace and Blessing of Allâh be upon Him.






When I go out from my home, I say...

بِسْمِ اللَّهِ تَوَكَّلْتُ عَلَى اللَّهِ وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

"Bismillâhi tawakkaltu
'alal-lâhi wa lâ hawla
wa lâ quwwata 'illa billâh"

*In the Name of Allâh, I trust in Allâh
and there is no strength nor power except with Allâh.*






When I enter my home, I say...

بِسْمِ اللَّهِ وَلَجْنَا ، وَبِسْمِ اللَّهِ خَرَجْنَا وَعَلَى رَبِّنَا تَوَكَّلْنَا

“Bismillâhi walajnâ
wa bismillâhi
kharajnâ wa ‘alâ
Rabbînâ tawakkalnâ”

*In the Name of Allâh we enter, and in the Name of Allâh we
leave, and we trust in Our Lord.*






When someone does something good for me, I say...

جَزَاكَ اللهُ خَيْرًا

“JAZÂKALLÂHU
KHAYRA”

May Allâh give you a better reward.






When I see something that pleases me, I say...

مَا شَاءَ اللَّهُ لَا قُوَّةَ إِلَّا بِاللَّهِ

“MÂ SHÂ’ ALLÂH
LÂ QUWWATA
‘ILLÂ BILLÂH”

*This is what Allâh has willed,
there is no power except with Allâh.*






When I sneeze, I say...

الْحَمْدُ لِلَّهِ

“Alhamdu Lillâh”

All Praise be to Allâh.





And in reply, you say...

يَرْحَمُكَ اللَّهُ

“Yarhamukallâh”

May Allâh bestow His Mercy on you.






And then, I say...

يَهْدِيكُمْ اللَّهُ وَيُصْلِحُ بَالَكُمْ

“Yahdeekumullâhu
wa yuslihu
bâlakum”

May Allâh guide you and set right all your affairs.






When I eat with another person, I say...

اللَّهُمَّ أَطْعِمْ مَنْ أَطْعَمَنِي وَاسْقِ مَنْ سَقَانِي

**“Allâhumma
'At'im man
'At'amanee wasqi
man saqânee”**

*O Allâh, feed him who fed me
and give him drink who gave me drink.*






When I finish my meal, I say...

الْحَمْدُ لِلَّهِ الَّذِي أَطْعَمَنِي هَذَا وَرَزَقَنِيهِ مِنْ غَيْرِ حَوْلٍ مِنِّي وَلَا قُوَّةٍ

**“Alhamdu lillâhil-ladhî
'At‘amane hâdha
wa razaqaneehi
min ghayri hawlim-
minnî wa lâ quwwatin”**

*All praise be to Allâh who fed me this and provided
me with it, without any strength or power from me.*






After hearing the 'Adhân in the morning and evening, I say...

رَضِيتُ بِاللَّهِ رَبًّا وَبِالْإِسْلَامِ دِينًا وَبِمُحَمَّدٍ ﷺ نَبِيًّا

**“Radeetu billâhi Rabban
wa bil-Islami deenan
wa bimuhhammadin
sallallâhu ‘alayhi
wa sallama Nabiyyan”**

*I am pleased with Allâh as the Lord and Islam as the
religion and Muhammad ﷺ as the Prophet.*






When I get up from a meeting, I say...

سُبْحَانَكَ اللَّهُمَّ وَبِحَمْدِكَ أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا أَنْتَ
أَسْتَغْفِرُكَ وَأَتُوبُ إِلَيْكَ

**“Subhâna Allâhumma
wa bihamdika
'ashhadu 'an lâ 'ilâha
'illâ 'Anta, 'astaghfiruka
wa 'atûbu 'ilayk”**

*O Allâh! Glory is for you and Praise is for You, I testify that none
has the right to be worshipped except You, I ask your forgiveness
and I repent unto You.*






When I break my fast in Ramadân, I say...

ذَهَبَ الظَّمَأُ وَابْتَلَّتِ الْعُرُوقُ وَثَبَتَ الْأَجْرُ إِذَا شَاءَ اللَّهُ

“Dhahabaz-Zama’u
wabtallatil-‘urooqu
wa thabatal-’ajru
’in shâ’ Allâh”

*The thirst has gone and the veins are moistened
and the reward is established, if Allâh wills.*






When I enter the toilet, I say...

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْخُبْثِ وَالْخَبَائِثِ

"Allâhumma 'innî
'a'ûdhu bika minal
khubuthi
walkhabâ'ith"

*O Allâh, I seek protection in you from
unclean spirits, male and female.*





When I come out of the toilet, I say...

غُفْرَانَكَ

“Ghufrânaka”

I ask your forgiveness.





When I enter the mosque, I say...

بِسْمِ اللَّهِ وَالصَّلَاةِ وَالسَّلَامِ عَلَى رَسُولِ اللَّهِ اللَّهُمَّ افْتَحْ لِي أَبْوَابَ رَحْمَتِكَ

“BISMILLÂHI
WAS-SALÂTU
WAS-SALÂMU
‘ALÂ RASÛLILLÂH,
ALLÂHUMMAFTAH LÎ
’ABWÂBA RAHMATIK”

*In the Name of Allâh and Peace and Blessing be upon the
Messenger of Allâh, O Allâh! Open for me the gates of your Mercy.*






When I step out of the mosque, I say...

بِسْمِ اللَّهِ وَالصَّلَاةِ وَالسَّلَامِ عَلَى رَسُولِ اللَّهِ اللَّهُمَّ إِنِّي أَسْأَلُكَ مِنْ فَضْلِكَ

"BISMILLÂHI
WAS-SALÂTU
WAS-SALÂMU
'ALÂ RASÛLILLÂH,
ALLÂHUMMA 'INNÎ
'AS'ALUKA MIN FADLIK"

*In the Name of Allâh and Peace and Blessing be upon the
Messenger of Allâh, O Allâh! I ask for your favor from you.*







When any affliction happens to me, I say...

إِنَّا لِلّٰهِ وَإِنَّا إِلَيْهِ رَاجِعُونَ

“Innâ lillâhi
wa ‘innâ
‘ilayhi râji’ûn”

Truly, to Allâh we belong and truly to Him we shall return.






When I find anyone in affliction, I say...

الْحَمْدُ لِلَّهِ الَّذِي عَافَانِي مِمَّا ابْتَلَاكَ بِهِ
وَفَضَّلَنِي عَلَى كَثِيرٍ مِمَّنْ خَلَقَ تَفْضِيلًا

“Alhamdu lillâhil-ladhî
‘Âfânî mimmab-talâka
bihi wa faddalanî
‘alâ kathîrim-mimman
khalâqa tafdeelâ”

*All praise is for Allâh, Who saved me from what he has afflicted
you with and favored me more than many others He created.*





When I visit a sick person, I say...


لَا بَأْسَ طَهُورٌ إِنْ شَاءَ اللَّهُ

“Lâ ba’sa
tahûrun
‘in shâ’ Allâh”

Don’t worry it is for Purification if Allâh wills.*

* This purification is referring to the purification of sins.

Prophet Muhammad ﷺ taught us that any pain that a Muslim suffers results in forgiveness of his sins. This forgiveness in itself is a type of purification.







When I face an enemy, I say...

حَسْبُنَا اللَّهُ وَنِعْمَ الْوَكِيلُ

"Hasbunal-lâhu
wa
Ni'mal-Wakîl"

Allâh is sufficient for us and He is the best disposer of affairs.





When I am angry, I say...

أَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ

“ ‘A‘ûdhu
billâhi minash-
Shaytânir-Rajîm ”

I seek refuge with Allâh from Satan, the cursed one.






When I enter a Muslim graveyard, I say...

السَّلَامُ عَلَى أَهْلِ الدِّيَارِ مِنَ الْمُؤْمِنِينَ وَالْمُسْلِمِينَ،
وَإِنَّا إِنْ شَاءَ اللَّهُ بِكُمْ لِلْآحِقُونَ

**‘As-salâmu
‘alâ ‘ahlid-diyâri
minal-mu’mineena
wal-muslimeena
wa ‘inna ‘in shâ’ Allâhu
bikum lalâhiqûn’**

*Peace be upon the people of this abode, from among
the believers and those who have submitted
and if Allâh wills, we will also join you.*





When I intend to sleep, I say...

بِسْمِكَ اللَّهُمَّ أَمُوتُ وَأَحْيَا

**“Bismika
Allâhumma
'amûtu
wa 'ahyâ”**

By your Name, O Allâh, I die and live.





When I wake up from the sleep, I say...

الْحَمْدُ لِلَّهِ الَّذِي أَحْيَانَا بَعْدَ مَا أَمَاتَنَا وَإِلَيْهِ النُّشُورُ

**“Alhamdu
lillâhil-ladhî 'ahyânâ
ba‘da mâ 'amâtanâ
wa 'ilayhin-nushûr”**

*All praise be to Allâh who revived us to life after
giving us death and to Him we shall return.*

